

## **GRATEFUL CRANBERRY SAUCE**

## THE GOODS:

## Serves 8

- One bag fresh cranberries (approx 12 ounces)
- $\circ$   $\frac{1}{2}$  orange, juiced
- $\circ$  1 inch fresh ginger grated
- $\circ$  2 TBSP raw honey
- $\circ$  1/2 cup water
- $\circ$  1 cinnamon stick
- 1 sliver of orange peel
- $\circ$  Pinch of salt

## THE METHOD:

Combine the cranberry, orange juice, honey, want water in a pan and warm over medium heat. Simmer for 5 min. Add the cinnamon, orange peel, ginger, and salt. Bring to a simmer and stir over medium heat for about 10 min. Let cool and it should solidify into a nice textured jelly like sauce. Enjoy!

Boulder Nutrition