

Recipe

COCONUT CHIA PUDDING

THE GOODS:

- 1 1/2 cups coconut milk
- 1/2 cup chia seeds
- 1-2 tbsp raw honey
- Optional toppings: fresh, nut butter, hemp seeds, nuts or seeds, coconut shreds

THE METHOD:

Add coconut milk, chia seeds, and raw honey to a medium mixing bowl. Whisk to combine. Cover and refrigerate overnight, enjoy with toppings of choice.

Feel free to add your favorite toppings such as nut butter, berries, hemp seeds

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